



Free from the Law

Lesson 9 | Romans 7:1-25

Many people think that if we just teach people what is best, then they will make right choices. But even if people know what is right and wrong, that alone won't guarantee they choose what is right. No law will make up for the fact that sinful people are going to sin. Our problem isn't ignorance. Our problem is rebellion.

Christians Have Been Freed from Law (7:1-6)

The _____: Death frees you from the law (1-3)

Paul begins with the simple observation that dead people no longer need to fulfill their legal requirements. Dying means all the legal obligations you may have had are ended.

The _____: You are dead to the law so that you can belong to Christ (4-5)

Paul argues that in our death with Christ we died to sin and the law. This doesn't mean we can do whatever we want, but that salvation and acceptance with God aren't found in following God's laws.

The _____: Serving in the Spirit (6)

Paul makes it clear that the goal of our being free from the law is that we might *better* follow God, not that we can simply follow our own sinful desires.



Free from the Law

Lesson 9 | Romans 7:1-25

Many people think that if we just teach people what is best, then they will make right choices. But even if people know what is right and wrong, that alone won't guarantee they choose what is right. No law will make up for the fact that sinful people are going to sin. Our problem isn't ignorance. Our problem is rebellion.

Christians Have Been Freed from Law (7:1-6)

The _____: Death frees you from the law (1-3)

Paul begins with the simple observation that dead people no longer need to fulfill their legal requirements. Dying means all the legal obligations you may have had are ended.

The _____: You are dead to the law so that you can belong to Christ (4-5)

Paul argues that in our death with Christ we died to sin and the law. This doesn't mean we can do whatever we want, but that salvation and acceptance with God aren't found in following God's laws.

The _____: Serving in the Spirit (6)

Paul makes it clear that the goal of our being free from the law is that we might *better* follow God, not that we can simply follow our own sinful desires.

The Law Shows Us Our Sin (7:7-13)

The law is _____.

Paul clarifies that the problem is not the law, the problem is me. Following God's law bring life, but rejecting it brings death. We can't follow the law because in our flesh we are dominated by sin, and so we find ourselves facing death.

The law _____ sin.

The purpose of the law, Paul teaches, is that we might "know sin" (7:7). In other words, the law clearly shows us that what we are doing is sin because it is a direct violation of God's Word.

The law _____ sin.

Once we realize God has given a specific command, something inside us comes alive and wants to do the very opposite. We were sinners before there were laws, but the law highlights our sinfulness.

The Law Shows Us Our Sinfulness (7:14-25)

We face an internal _____ to do what is right (14-20).

We know what it's like to want to do what is right, and then to instead do wrong. Change is really, really hard. And so within every Christians there is a battle to do right raging inside our hearts.

We face an internal _____ to do what is wrong (21-23).

Within us there is an inclination, that whenever we would want to do right, sin lies within us. The law of gravity means things go down. The law of sin means that I find myself over and over again turning to sin.

_____ can deliver us from ourselves (24-25).

This chapter leads up to verse 24, where Paul in frustration cries out and asks who will deliver him from this broken body that finds itself bent to sinning. But after this tragic cry, we immediately find the hope – Jesus. Through the work of Jesus and the Spirit, we can have victory over sin. If we walk in the flesh, we will live as slaves to sin. But if we walk by the Spirit, we will have victory over sin.

The Law Shows Us Our Sin (7:7-13)

The law is _____.

Paul clarifies that the problem is not the law, the problem is me. Following God's law bring life, but rejecting it brings death. We can't follow the law because in our flesh we are dominated by sin, and so we find ourselves facing death.

The law _____ sin.

The purpose of the law, Paul teaches, is that we might "know sin" (7:7). In other words, the law clearly shows us that what we are doing is sin because it is a direct violation of God's Word.

The law _____ sin.

Once we realize God has given a specific command, something inside us comes alive and wants to do the very opposite. We were sinners before there were laws, but the law highlights our sinfulness.

The Law Shows Us Our Sinfulness (7:14-25)

We face an internal _____ to do what is right (14-20).

We know what it's like to want to do what is right, and then to instead do wrong. Change is really, really hard. And so within every Christians there is a battle to do right raging inside our hearts.

We face an internal _____ to do what is wrong (21-23).

Within us there is an inclination, that whenever we would want to do right, sin lies within us. The law of gravity means things go down. The law of sin means that I find myself over and over again turning to sin.

_____ can deliver us from ourselves (24-25).

This chapter leads up to verse 24, where Paul in frustration cries out and asks who will deliver him from this broken body that finds itself bent to sinning. But after this tragic cry, we immediately find the hope – Jesus. Through the work of Jesus and the Spirit, we can have victory over sin. If we walk in the flesh, we will live as slaves to sin. But if we walk by the Spirit, we will have victory over sin.