



## The Spirit and Our Sin

### Lesson 10 | Romans 8:1-17

Some wars last a long time, but none so long as war that has been going on in human hearts for millennia – the war between the flesh and the Spirit.

#### The Spirit Helps Us Overcome the Flesh (8:1-11)

In this section Paul lays out how the Spirit and the flesh relate to each other, showing what it looks like to follow one instead of the other and what difference that choice will make for our lives.

#### The Spirit breaks the \_\_\_\_\_ of sin (8:1-4)

The law couldn't bring about righteousness, not because it was broken but because we are. But now the Spirit of God dwells within us, and because of Him we have the power we need to overcome the power of sin. As Paul says, we have been set "free from the law of sin and death" by "the law of the Spirit of life in Christ Jesus."

#### The Spirit changes our \_\_\_\_\_ (8:5-8)

What you do is ultimately determined by how you think. Paul has told us that the Spirit has set us free from sin, but this means that we are going to have to start thinking differently. The things that fill our minds will reflect where our heart really is, and the meditations of our heart will lead to either good or disastrous behavior. Once again, Paul sets up a contrast, this time between the thinking of the flesh and the thinking of the Spirit.



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**The Spirit \_\_\_\_\_ us and brings new life (8:9-11)**

The power of the Spirit and the ability to think rightly both come because the Spirit of God is now dwelling inside us. This is true for everyone who is in Christ – they are now the home of the Creator God Himself. The clearest sign that someone belongs to Christ is the possession of the Spirit. Everyone who is in Christ has the Spirit, no one who does not have the Spirit is in Christ.

**The Spirit Gives Us the Power to Live Victoriously (8:12-17)**

The true reality of who we are in Christ should become the practical reality of how we live in Christ. We are in the Spirit and therefore we should live by the Spirit by following His leading.

**We live victoriously by \_\_\_\_\_ in the Spirit (8:12-14)**

We are no longer debtors to the flesh to live by the rules of the flesh. But you now have a part to play, and the Holy Spirit will not do your part for you. You can't do live the Christian life in your own power without the Spirit, but you do have to work hard with Him.

**We live victoriously because of our \_\_\_\_\_ (8:14-17)**

Adoption in the Bible works differently than adoption in America. The goal of adoption in Roman times typically wasn't to give a child a home, but rather to give an adult an inheritance. Adoption in ancient times broke all previous debts and associations and completely brought some into a new family. A wealthy Roman would adopt a servant or another adult so that they could inherit his family's wealth. As sons of God we become heirs of the kingdom that God will bring to earth. We will one day rule and reign on earth with Christ (Revelation 20:6; 22:5), a position made possible because we are now set to inherit what Christ will inherit ("joint-heirs" is "coheirs" in Romans 8:17). And that position is secured and reaffirmed to us by the work of the Spirit.

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